



Cofinanziato dal  
programma Erasmus+  
dell'Unione europea



Liceo statale in Roma

**Erasmus+ Programme\_ Azione KA1 Progetti di mobilità Enti Accreditati Settore Scuola**  
**Activity code: 2023-1-IT02-KA121-SCH-000128145**  
**CUP: F81I23001910006**

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Mobilità di Gruppo\_studenti



### Informazioni generali

Durata della mobilità: 7 giorni , dal 10 al 16 marzo 2024

Destinazione: Scuola accreditata Erasmus+ Liceo Casimirianum, Coburg, **Germania** (negli stessi giorni è presente anche una squadra Erasmus+ svedese con la quale si svolgono tutte le attività proposte dal team tedesco)

Numero di studenti partecipanti: 10 studenti

**Tipologia di viaggio: Green travel\_treno**

Estratti dai travel logs degli studenti

## Sunday, 10th March:

**Travel to Coburg**



**Ready to leave !**



**At the station**

# Sunday • 10 March 2024

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- We spent the first day on the train. 14 hours of travelling! We met at Termini station early in the morning and took the first train to Bolzano. When we arrived in Bolzano, the weather was very bad: wind, rain and very cold. Then we took the second train to Munich and on arrival we couldn't even stop and in 7 minutes we got on the third train to Bamberg. On this train we saw snow! It was a wonderful surprise. When we arrived in Bamberg we took the last train to Coburg where our families were waiting for us.



## DAY 1

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- the first day we were on the train all day and this photo shows the snow in Innsbruck, a city in Austria and one of the many stops we made

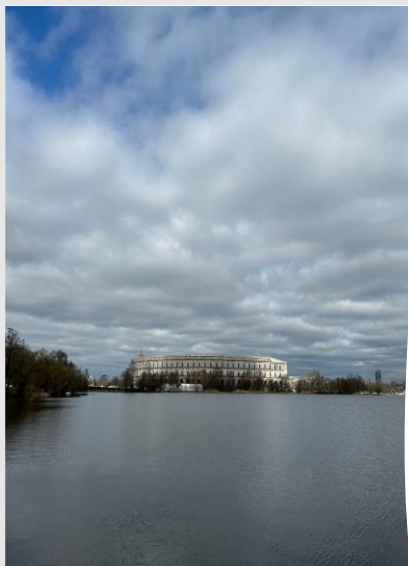
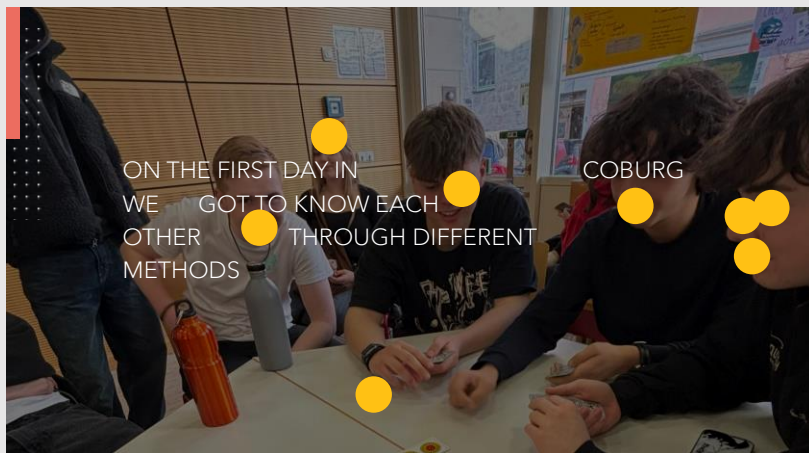


THE LAST DAY: Saturday 16: 7:11 train, it was very tiring, we changed 3 trains, we had a two-hour stopover in Monaco and Bolzano, we arrived exhausted and also a little sad that this beautiful experience was over.

## Attività e laboratori realizzati presso la scuola tedesca

Attività svolte per il potenziamento delle **competenze linguistiche in inglese durante la mobilità**:

- Attività di ice-breaking organizzate dai docenti tedeschi per far familiarizzare i 32 studenti dei 3 gruppi internazionali
- Laboratori collaborativi in piccoli gruppi misti (tedeschi, svedesi, italiani) per creare presentazioni, video o altre forme di prodotto su temi culturali o sociali
- Attività di immersione culturale: conferenze di esperti, esplorazione di luoghi culturali e storici (Coburg, Bamberg, Nuremberg) durante le quali gli studenti ascoltano spiegazioni e pongono domande nella lingua di lavoro.
- Cene internazionali: preparazione e condivisione di piatti tipici di diversi paesi, discutendo ricette e tradizioni culinarie nella lingua di lavoro
- Tenuta di un diario di bordo giornaliero dove gli studenti documentano la loro esperienza
- Discussioni strutturate su temi rilevanti per riflettere sull'esperienza e consolidare l'apprendimento.
- Sessioni di feedback in cui gli studenti ricevono valutazioni dettagliate e suggerimenti su come migliorare ulteriormente le loro competenze linguistiche.



### DAY 4

- On the third day we went to Nuremberg and saw the Nazi coliseum, which is an important historical monument. In the afternoon we went shopping to buy some souvenirs

## Wednesday, 13th March: Nuremberg

Guided tours through the Reichsparteitagsgelände and the documentation centre



Congress Hall Inner Courtyard



Attività svolte per il potenziamento delle competenze di cittadinanza globale **durante la mobilità:**

- Workshop sull'apprendimento interculturale learning (tema: stereotipi tra vari paesi dell'UE) in piccoli gruppi misti (tedeschi, svedesi, italiani)
- Intervento di rigenerazione urbana nella cittadina di Coburg
- Conferenza interattiva con Dr. Peter Fisch, former Head of Unit - European Commission, Directorate-General for Research, sul tema del funzionamento delle istituzioni europee (organizzata dal liceo tedesco e riservata agli studenti Erasmus)
- Due workshop su Sport inclusivo e comunicazione
- Visita all'ex area di raduno del partito nazista a Norimberga con la guida di uno storico
- Preparazione delle presentazioni per la cerimonia finale di restituzione degli apprendimenti in piccoli gruppi misti (tedeschi, svedesi, italiani)

## Monday, 11th March: Welcome

Workshop „Intercultural communication“  
with Heidi Schmitt



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## Monday • 11 March 2024

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- On the second day we went to the Casimirianum, the school. As soon as we got to the main hall, we played games to get to know each other: we were all in a circle with chairs. We had a lot of fun! The second activity we did was on the stereotypes of the three countries: Italy, Germany and Sweden. One activity was to present in groups ways of greeting each other such as shaking hands, kissing cheeks and other ways. As my group did. In the afternoon we had fun cleaning the city of coburg of cigarettes and plastic.



## Tuesday, 12th March: Sports



**“The invisible mechanics  
of European politics –  
Some impressions from  
working at the  
European  
Commission”  
Talk with Dr. Peter Fisch,  
Aula  
former -  
Head of Unit -  
European Commission,  
Directorate-General for  
Research**

**It was very  
interesting**

## Tuesday • 12 March 2024

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- The third day was the day dedicated to sport! Early in the morning we all met in the lecture hall and listened to Mr Fisch's presentation on the European Union. Afterwards we moved to a building next to the school, where there were football pitches, athletics tracks and a large gymnasium. We went inside, changed and tried out a new game: floorball! It was a lot of fun. Then in the afternoon we moved to another gymnasium where we tried two different types of activities. One was a wheelchair course: we had to lift ourselves up and over the mat on the floor. And two others were activities for blind people: they put masks over our eyes and one was a game with a sound ball and the other was jumping from a height and falling onto a mattress.





## DAY 3

- in this photo there are some of us doing wheelchair parcours or playing other games such as parrying the ball with blind eyes

## Thursday, 14th March: Final ceremony

### Final ceremony in the school's Aula



And also snacks  
and drinks



## Thursday • 14 March 2024

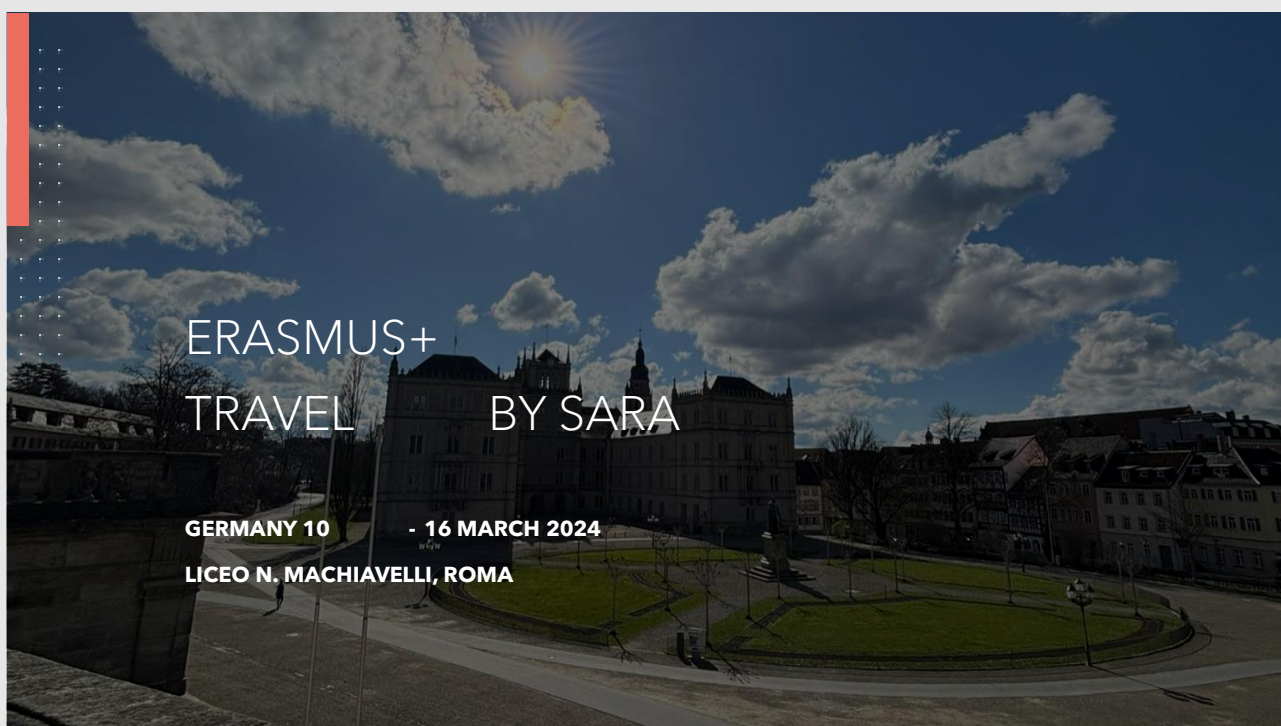
- The fifth day was presentation day. In the morning we gathered in school, the teachers divided us into our assigned groups and together we created the power point presentation and our speeches. Each group had a different day of the activities we did and my group had the morning of the first day. For pick-up time we had freedom and some rest and then in the afternoon we started with the ceremony: there was the school orchestra to open it. Then the headmaster's greeting, the presentation of both the Italian and Swedish schools and then our presentations.



### Evidenze di sviluppo delle competenze trasversali

Durante e dopo la mobilità , gli studenti coinvolti nella mobilità in Germania:

- mostrano consapevolezza delle diversità culturali e rispetto per le differenze;
- abilità nel riconoscere pregiudizi e stereotipi; abilità nel lavorare in modo collaborativo con persone di background culturali diversi;
- sensibilità alle differenze culturali nella comunicazione; capacità di lavorare efficacemente in gruppi eterogenei;
- partecipazione attiva alla vita della comunità scolastica;
- capacità di usare eTwinning e Teams per coordinarsi con compagni e docenti;
- capacità di creare presentazioni multimediali e contenuti informativi pertinenti per condividere le esperienze e le attività svolte in Germania;
- consapevolezza delle normative sulla privacy e sull'uso sicuro dei dati personali durante la condivisione di esperienze online.



# Saturday • 16 March 2024

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- The last day was the day of return. Also on Saturday, we woke up very early and all met at the station in Coburg. We said goodbye to our German friends and their parents and took the first train to Munich. In Munich we did not see much because we stayed close to the station and took the second train to Bolzano. Instead in Bolzano we went a bit to the baked goods because it was nice weather, we had something to eat and returned to the station for the last train to Rome. During this trip I admired the snow-covered landscapes of the Alps. Breathtaking landscapes! When we arrived in Rome we were very tired, we saw our parents again and finally went home.

